

NEW DIRECTION ADVANCED

Allergen Matrix

This information is provided for reference only.

Instruct clients with allergen concerns to refer to the ingredient statement on the actual product packaging.

Product Name	Egg	Milk	Soy	Wheat	Nut	Peanut	Shellfish	Soy Oil or Lecithin*	Other sources of gluten**	May contain traces of peanuts or other nuts	May contain traces of Egg, Milk, Soy and Wheat
Shakes											
Cafe Mocha Shake		X						X			
Double Chocolate Shake		X						X			
Strawberry Crème Shake		X						X			
Very Vanilla Shake		X						X			
Pudding & Shakes											
Apple Pie Pudding & Shake		X						X			
Chocolate Caramel Pudding & Shake		X						X			
Cinnamon Roll Pudding & Shake		X						X			
Mint Fudge Pudding & Shake		X						X			
Puddings/Desserts											
Cheesecake		X						X			
Creamy Vanilla Pudding		X						X			
Very Chocolate Pudding		X						X			
Zesty Lemon Pudding		X						X			
Hot Beverages											
Cappuccino		X						X			
Hot Chocolate		X						X			
Beverages											
Caramel Coffee Frappe		X						X			
Orange Mango Fruit Beverage		X						X			
Mango Pineapple Smoothie		X						X			
Pineapple Apricot Drink		X						X			
Pomegranate Hibiscus Beverage		X						X			
Soups											
Buffalo Chicken Soup		X	X	X				X			
Cheddar Broccoli Soup		X	X	X				X			
Cheeseburger Soup		X						X			
Chili Soup		X						X			
Hearty Cream of Chicken Soup		X	X	X				X			
Spicy Tortilla Soup		X	X	X				X			
Bars											
Chocolate Fudge Bar		X	X					X		X	
Oatmeal Cinnamon Bar		X	X					X	X	X	
Peanut Butter Bar		X	X			X		X		X	
Salted Caramel Bar		X	X					X		X	

Always follow the instructions of your physician or health care professional with regard to your specific allergen restrictions.

*Soy Lecithin is derived from refined soy-bean oil and processed in a manner that minimizes the content of the allergenic protein portions.

Reference information available:

<https://www.soyconnection.com/newsletter/article/highly-refined-soybean-oil-does-not-elicite-allergic-reactions-in-soy-protein-sensitive-individuals>

**Other Sources of Gluten – indicates product contains oat, barley or rye or derivatives thereof.